

# Momentum

Registration Form

Name: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Postal Code/City: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Home Tel: \_\_\_\_\_

Mobile Tel: \_\_\_\_\_

E-mail: \_\_\_\_\_

I have participated in Youth Quest/Momentum Initiative(s) in the past.

I am new to the Youth Quest/Momentum Initiative(s).

### Additional Information

How did you hear about Momentum?

\_\_\_\_\_

\_\_\_\_\_

List activities/workshops of interest:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Additional comments:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Our Vision

A world that respects and embraces the dignity, inherent value and rights of all people.

## Our Mission

To empower people who have an intellectual disability to lead enriched and meaningful lives.

## Momentum

Brampton Caledon Community Living  
34 Church Street West  
Brampton, Ontario  
L6X 1H3

### Brittney Hughes

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brittneyh@bramptoncaledoncl.ca

### Asma Khan

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For more information please visit our website

[www.bramptoncaledoncl.ca](http://www.bramptoncaledoncl.ca)

# Momentum

Winter  
22-25

“The future belongs to those who believe in the beauty of their dreams.”

Eleanor Roosevelt



Brampton Caledon  
**COMMUNITY LIVING**  
**INTÉGRATION**  
**COMMUNAUTAIRE**  
Brampton Caledon



# Momentum

## Our Goal

Momentum promotes community inclusion through social, cultural and recreational participation for people between 22 and 25

years of age, while providing respite opportunities to their families.

Momentum emphasizes:

- Friendship and social relations
- Confidence and trust
- Personal growth and development

Momentum provides a supportive environment where people can have an enriching experience while having fun.

## Details

Momentum provides 3 sessions per year, with a maximum of 8 people in each session. Sessions operate for a duration of approximately 16 weeks.

Summer Session: May-August

Fall Session: September-December

Winter Session: January-April

## Activities

- Rock Climbing
- Archery
- Fitness
- Internet Safety
- Drama & Theatre Workshops
- Resume Writing & Interview Skills
- Conversational Workshops
- Cooking & Nutrition
- Music Lessons

## Dates & Times

Caledon: Monday 6:00pm-9:00pm

Brampton: Wednesday 6:00pm-9:00pm

Momentum offers occasional day excursions

## Locations:

**Brampton** 13 Fisherman Drive, Unit 1  
Brampton, ON, L7A 2X9

**Caledon** 12 Parr Boulevard, Unit 1  
Bolton, ON, L7E 4H1

Si vous souhaitez recevoir des services  
en français, contactez - nous  
**905-857-9691** Ext. 1201

# Momentum

Registration Form

**Session fee: \$160.00**

Some activities may require additional fees.

Application for any of the BCCL Youth Programs will be processed on a first come first served basis providing you meet the eligibility requirements. ***The Youth Initiatives will begin accepting completed registration forms starting on and no earlier than Monday December 2nd, 2019.***

***Please submit completed registration forms to the address below.***

Once eligibility and acceptance into the program is confirmed with you either by email or phone then payment will be requested. Please do not send in any type of payment with your application. You will be contacted no later than Friday December 13th, 2019

## Momentum

**34 Church Street West  
Brampton, ON, L6X 1H3**

Applications will be reviewed on a first come, first serve basis. This registration form is only valid for the Winter 2020 session.

Would you like to receive future brochures via e-mail?

Yes  No

E-mail: \_\_\_\_\_