

The BCCL BURST

SUMMER 2023 VOLUME 03

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www.bramptoncaledoncl.ca



MESSAGE FROM THE EXECUTIVE DIRECTOR

The past few months have been packed with learning opportunities and joyful celebrations.

May was Community Living month; staff and people supported found lots of exciting ways to bring awareness to the Community Living movement.

The month of June has been a fun month with so many creative ways to show support to the 2SLGBTQI+ community, including people supported, families and staff. June 21st was National Indigenous Peoples Day and BCCL provided an opportunity to learn more about the resilience, diversity and traditions of First Nations, Inuit, and Metis communities.

In addition to these celebrations, we have been fortunate to celebrate some personal milestones and accomplishments of people supported, including a 25th wedding anniversary, a retirement, a graduation, and many special birthdays!

We hope you enjoy this newsletter, and it gives you a sense of the great work that staff and people supported have done these past months to bring awareness to important topics, while embracing the dignity, inherent value and rights of all people.

Wishing everyone a safe and fun summer,

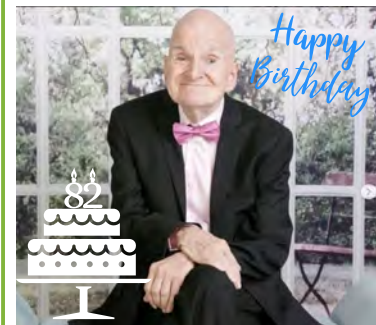
Anne-Marie Hawkins

IMPORTANT DATES

July 3rd	BCCL Offices Closed
August 7th	BCCL Offices Closed
September 4th	BCCL Offices Closed
September 11th	Caledon Connections Registration
September 14th	Brampton Connections Registration
September 21st	BCCL Annual General Meeting



BCCL Burst is going paperless! Make sure we have your email to continue to receive the newsletter



MESSAGE FROM THE BOARD OF DIRECTORS



SUMMER MAINTENANCE STUDENT

Spring has sprung and summer is on the way. That means our homes and offices are once again in full bloom. Along with the usual suspects in property management, Phil, Dave, and Karen, every year we're lucky to bring in a young and dedicated student to help beautify our outdoor spaces.

Be sure to keep an eye out for our hard-working summer student Sofia, as she makes her way to many of our homes to help ensure people supported have a house they can be proud of, and a colourful and vibrant place to relax and beat the heat of the coming months.



BCCL CELEBRATES COMMUNITY LIVING MONTH



BCCL had another successful Community Living Month with various celebrations such as: I Am photo series, #ITookABreak, #ShineALight and BCCL's Green and Blue photo campaign.

We had excellent participation in all events and people especially enjoyed taking a break with KitKat bars. Alongside the Toronto CN tower, Brampton's very own clock tower at City Hall was lit up in blue and green for #CLM23 celebrations

BCCL was also very excited to create and share a video titled: 'What is Community Living' posted in downtown Brampton's Garden Square jumbotron for the entire month of May. Many people commented on how nice it was to see their face or someone they know from BCCL on the big screen. This video also raised awareness to our community as to who BCCL is and what we do.





VACATION FUN!



As Covid restrictions ease up, and the warm weather approaches, many of the people we support in our CLS homes are getting back out, enjoying exciting opportunities, and experiences they have been missing since the pandemic began..

One recent highlight is wet and wild trip taken by Sheryl, Alicia and Debbie to Great Wolf Lodge, Niagara Falls. While there the ladies enjoyed fun in the water, great food, and a relaxing stay.



Another exciting adventure we're happy to share is a trip to Disney by Valarie, Lindsey and Michael. The group was delighted to experience the Magic Kingdom in all its glory. Seeing the sights, enjoying the shows, and the beloved cast of characters. Thank you all for sharing your escapades with us.



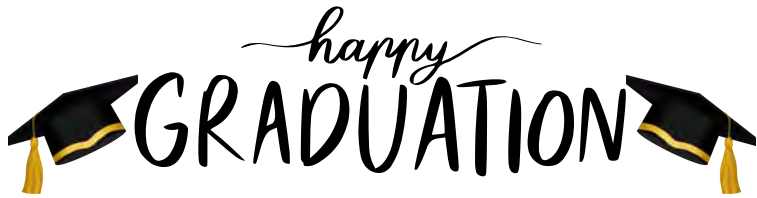
CONGRATULATIONS KHALEEL!

This month we're happy to celebrate with a very eager and motivated young man, Khaleel Benoit.

Khaleel attended his graduation convocation from Humber College and has successfully completed his Culinary Skills program. He has been working towards this goal for a few years now and while he is known for not sitting idle, this accomplishment is still a well deserved point of pride.

Khaleel enjoys working in busy restaurants and he dreams of one day running his own kitchen. This is a big step towards his goals, and we can't wait to see what heights he will rise to next.

Congratulations Khaleel, let us know when we can come by for a professionally made meal!



PRIDE



This June BCCL is proud to support BCCL's 2SLGBTQI+ people supported, community families and staff.



CPS EXPLORE



BCCL Community Participation Supports is excited to announce a new Day Support initiative pilot project called 'CPS Explore' which started on a small scale this May for people residing in our CLS homes.

CPS Explore will focus on individual supports and achieving goals in people's communities. There is no physical building for this new day initiative as CPS workers and people supported will explore their communities together.

BCCL would like to acknowledge Bijoy, Cheyenne, Alzahraa, Salma & Nikole as being the pioneers of this new and exciting initiative!





ONTARIO HELPING MORE WOMEN IN BRAMPTON BUILD SKILLS AND GET JOBS

The Ontario government is expanding the Investing in Women’s Futures program to 10 additional locations across the province, including Roots Community Services in Brampton. This will help more women who are experiencing social and economic barriers connect to supports and develop the skills they need to gain financial security and independence. This expansion is part of a \$6.9 million investment over three years to enhance the program and create more economic opportunities for women.

The new Investing in Women’s Futures program location in Brampton will provide women in the community with the wraparound supports and resources they need to rebuild their lives, increase their participation in the workforce, and gain financial independence,” said Charmaine Williams, Associate Minister of Women's Social and Economic Opportunity. “Our government is empowering women to achieve the success they deserve.”

For more information visit: <https://news.ontario.ca/en/release/1003081/ontario-helping-more-women-in-brampton-build-skills-and-get-jobs>

NATIONAL INDIGENOUS HISTORY MONTH

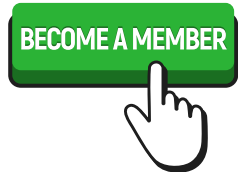
June was an opportunity to learn about the unique cultures, experiences and traditions of First Nations, Inuit and Metis.

BCCL's Virtual Programs hosted a presentation on June 21, National Indigenous People's Day, to reflect and learn about the history and significance so we could/can honour the stories, achievements and the resilience of Indigenous Peoples.



BECOME A MEMBER

Brampton Caledon Community Living provides essential services to over 1800 children and adults with a developmental disability and their families. Recognized as a leader in providing high quality developmental services, Brampton Caledon Community Living needs the support of its members to promote the needs and aspirations of people with a developmental disability with funders and decision-makers. Your membership makes a difference!



YOUR DONATIONS MAKE A DIFFERENCE!

Donors, no matter how big or small, make our community a more inclusive place for people with disabilities to live, work and play!

To support and empower people who have an intellectual disability, to lead enriched and meaningful lives with your donation visit our website today.





GET YOUR CHILD'S EYES CHECKED BEFORE KINDERGARTEN

Start your child's education with good vision and healthy eyes.

The Eye See...Eye Learn program is available to children in Junior or Senior Kindergarten (born in 2018 or 2019) providing one pair of **free** glasses to children through participating optometrists.

Children's eye exams are covered by OHIP.

For more information visit: www.EyeSeeEyeLearn.ca



BCCL PARTNERS WITH TRCA FOR FREE SUMMER EXPERIENCE PROGRAM FOR TEENS

Program Information

Conservation Youth Corps

This program offers Peel Region high schools students the opportunity to volunteer for a week in assisting with conservation projects. Volunteers work in crews with other high school students on outdoor tasks and can earn community service hours.

Girls Can Too!

Girls Can Too! (CGT) is a program designed to prepare young women for trades-based careers in the environmental sector.

While completing valuable projects that contribute to the ecological well-being and sustainability of the community participants learn hands-on skills while being mentored by successful female professionals.

Volunteer with Learn to Fish

During this program you will have a fun filled morning of hiking/exploring Heart Lake Conservation Area. Afternoons will be spent volunteering with the Learn to Fish program.

BCCL'S SUMMER EXPERIENCE
In Partnership with TRCA
Ages 14-18

JULY 4-7 - VOLUNTEER WITH LEARN TO FISH
JULY 10-14 - CONSERVATION YOUTH CORPS
JULY 17-21 - GIRLS CAN TOO!
JULY 24-28 - CONSERVATION YOUTH CORPS
JULY 31-AUG 4 - GIRLS CAN TOO!
AUG 8-11 - VOLUNTEER WITH LEARN TO FISH
AUGUST 14-18 - CONSERVATION YOUTH CORPS
AUGUST 21-25 - GIRLS CAN TOO!

PROGRAM IS AVAILABLE TO STUDENTS WITH DEVELOPMENTAL DISABILITIES AGES 14-18, MUST BE WILLING TO BE OUTDOORS ALL DAY, STAFF RATIO 3:1

Toronto and Region Conservation Authority | **FREE** | Brampton Caledon COMMUNITY LIVING INTÉGRATION COMMUNAUTAIRE Brampton Caledon

For more information on how to register contact:
Jeffery Wong - jefferyw@bramptoncaledoncl.ca
Sherry Lanktree - sherryl@bramptoncaledoncl.ca

For more information contact:

sherryl@bramptoncaledoncl.ca

or jefferyw@bramptoncaledoncl.ca



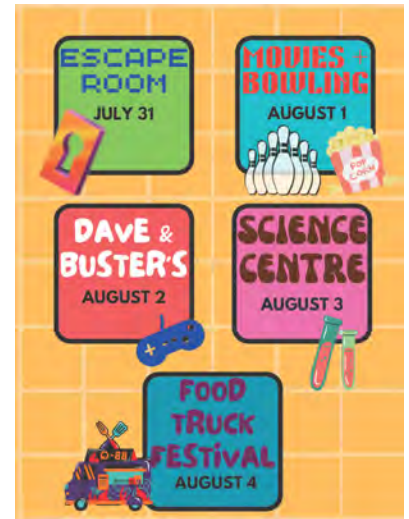
BCCL SUMMER CAMP OPPORTUNITY FOR YOUTH



BCCL is excited to once again be offering summer camp sessions for youth ages 12-17. With a wide variety of activities from movie days to visiting GTA attractions there is something to appeal to everyone!

Camp will cost \$200 per week and there is a limit of 4 participants in each session, so if interested act quickly.

For more information or to register, please email Sam Fagbenro at samf@bramptoncaledoncl.ca.



HANDY LINKS FOR PLANNING YOUR BEST SUMMER EVER

SUMMER IS FINALLY HERE - WE HAVE WAITED ALL YEAR FOR THIS! CHECK OUT THESE RESOURCES TO HELP YOU MAKE THE MOST OF IT



40 fun things to do in Brampton and area:
<https://www.todocanada.ca/25-family-fun-things-brampton-summer/>

City of Brampton Summer Recreation Programs:
<https://www.brampton.ca/EN/residents/recreation/programs-activities/Pages/Welcome.aspx>

Tips for staying healthy in the sun and heat:
<https://www.canada.ca/en/health-canada/services/publications/healthy-living/fact-sheet-staying-healthy-heat.html>

NEWSLETTER CONTRIBUTORS

Amanda Dryden	Jeff Wong
Chris Fryer	Kim Cunningham
David Marcinek	Susana York
Esther Kamwanga	

BCCL TECHNOLOGY COMMITTEE

Assistive Product Spotlight

Do you or somebody you care for worry about regular falls, and the struggle to get back onto your feet? With the **Raizer** and **Raizer 2 by Liftup**, a single care giver can locate the portable and compact unit, assemble the device and help someone go from prone to standing with minimal effort.

<https://www.liftup.dk/us/products/raizer-ii/>



If you know someone who could use some help finding technology to improve accessibility or know of a new development that might be worth researching, please email us at:

techcommittee@bramptoncaledoncl.ca



WWW.BRAMPTONCALEDONCL.CA